

## Predestiny

'Life is predestined' is a commonly used statement among us specially by the followers of religion. They often say that life is predestined. It means that all events in life are determined in advance. However the followers claim that a divine power is in charge of making such determinations in advance. And they define and name that divine power as god. Therefore they take the stance that we do not decide things in life, it is god who decides on what happens in our life. Hence they conclude that life is predestined.

The moment where the word 'GOD' is used the conflict begins with the non-believers such as rationalists and scientists. And they say there is no god. Hence he cannot decide, it is we who decide on what happens in our life.

Whilst the opinion stays split, I wonder if there could be another meaning or interpretation for the statement "Life is predetermined". Could it mean something other than that life is predetermined by god as claimed by the followers of religion.

Let me draw your attention to the activities of the sub conscious mind and the conscious mind. In the world of neuro science lots of researches are being conducted now a days with the aid of modern equipment such as brain scanners. And this science has revealed that there are different regions in our brain which are responsible for different functions. Such as one region for sub conscious activities and another region for conscious activities. Based on the outcome of these research it is now proven that almost all of our actions are determined in the subconscious mind before they are being transmitted to the conscious mind. In fact an action is determined in the sub conscious mind about 10 seconds earlier than it being transmitted to the conscious mind. Only once it is transmitted to the conscious mind we become aware of an action is being taken or has been taken. And only at this point our conscious mind feels that **it is** responsible of an action. Therefore actually the notion that an action is decided in the conscious mind is only an illusion. For the sake of clarity if we are to differentiate between the conscious and sub conscious minds, we could say that any brain action which falls within the self-observational realm takes place in the conscious mind and whatever happens beyond the parameters of self-observational realm takes place in subconscious mind.

This is exactly where you need to have a clear understanding as to the functionality of the conscious mind in order for you to understand my proposition. The conscious mind and the subconscious mind are constantly in communication. The scientists now believe that the conscious mind is guided by the sub conscious mind. In other words the conscious mind only does what it is told by the subconscious mind. And please be aware that the concept of "I" (self-awareness) is a product of the conscious mind. Only when the conscious mind is active the self-awareness springs in to action and we all identify ourselves as "I". And then the life continues. So let us now apply the scientific findings explained in the foregoing paragraph to the statement of "Life is pre-determined". As we all know our action is what determines our life, and if

those actions are determined in advance before being committed in the sub conscious mind, then does it not mean that life itself is predetermined !?.

Well, I can understand that some of you must now be thinking that whether it is determined in the conscious mind or sub conscious mind it is all within us. So where is god coming into this equation. I would say, let us leave the word god a side and focus on the word divine power. Because, in my opinion our predecessors defined an unknown entity as a divine power. And this was later interpreted and named as god by the subsequent general public and have now lead to all sorts of confusion and conflict. So, in this instance that divine power (unknown entity) could be sub conscious mind. If so, **life is predestined**. And it is **proven by science**. **No need to have difference of opinion**.

Well I am sure that I have now provoked your thoughts, so I will let you decide for yourselves.